



March 20, 2020

Dear CFAR Families,

Center for Families and Relationships (CFAR) understands the situation is developing minute to minute and hour and hour in regards to COVID-19. We are following the lead of the Department of Public Health, Community Behavioral Health (CBH), Department of Behavioral Health (DBH) and other community organizations to make decisions about our services.

As of now, based on information from the Department of Public Health and the Center for Disease Control, CFAR's physical location will be open in a limited capacity. During this time our operating hours will be Monday-Friday from 9am-5pm. All therapy services are being conducted remotely using a telehealth platform. Our full time staff is testing it out next week and it will roll out to the rest of the staff the following week should we still be closed. If you have not been contacted yet to set up a telehealth session, please call and leave a message with your primary message and we will get back to you within 24-48 hours. Psychiatrists are currently working to call in medications for current CFAR clients. If you have a medication concern, please call CFAR's main number and leave a message in the general voicemail. We are checking these messages every 4 hours. We will have a psychiatrist onsite during certain hours of the week and will do our best to accommodate new client evaluations. We are doing our best to conduct new client intakes however they are being conducted using our telehealth platform. Please do not come to our site without an appointment. There will only be a handful of staff working at the physical location during this time.

CFAR is making every effort to continue providing services in some capacity. If you need support, please reach out to us. The therapists are here and ready to help. We will continue to communicate with clients as the situation evolves. Everyone please take social distancing seriously and stay healthy during this time.

Sincerely,

Jordan Brogan
Chief Executive Officer